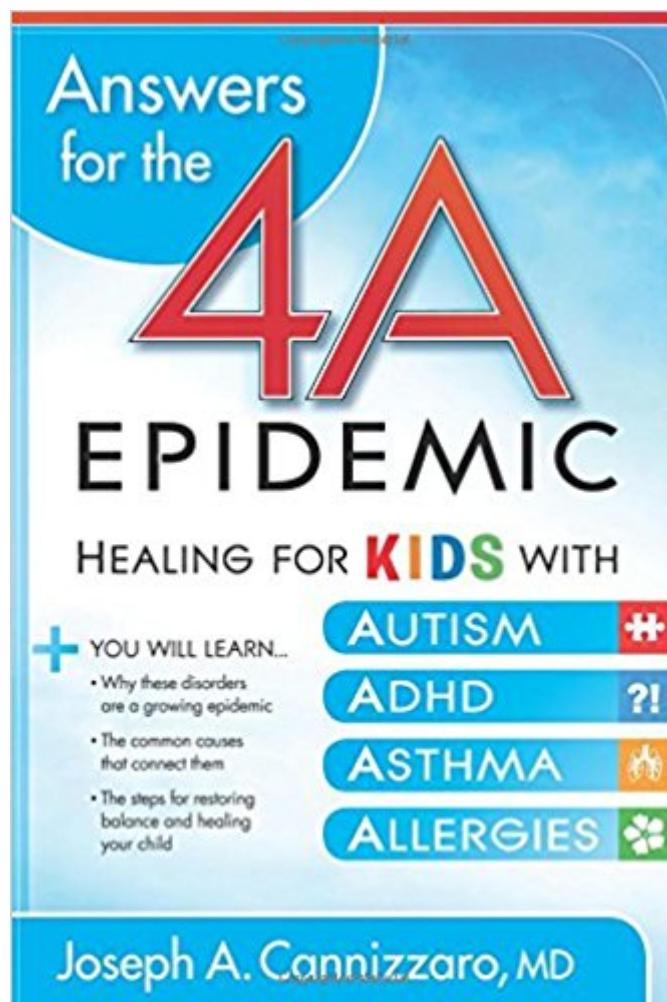


The book was found

Answers For The 4-A Epidemic: Healing For Kids With Autism, ADHD, Asthma, And Allergies



Synopsis

Book Information

Paperback: 256 pages

Publisher: Siloam (April 3, 2012)

Language: English

ISBN-10: 1616384840

ISBN-13: 978-1616384845

Product Dimensions: 6 x 0.6 x 9 inches

Shipping Weight: 1.4 pounds (View shipping rates and policies)

Average Customer Review: 4.3 out of 5 stars 13 customer reviews

Best Sellers Rank: #103,306 in Books (See Top 100 in Books) #1 in Books > Health, Fitness & Dieting > Children's Health > Asthma #3 in Books > Health, Fitness & Dieting > Children's Health > Allergies #3 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Asthma

Customer Reviews

Joseph Cannizzaro, MD, has practiced pediatric medicine for thirty years with specialties in holistic integrative pediatrics, nutrition, and preventative medicine. The founder and managing pediatrician for the Pediatricians Care Unit and the Accordo Health Institute in Longwood, Florida, Dr. Cannizzaro received his MD from the University of Bologna Medical School in Bologna, Italy. As a US Army captain he served as the medical laboratory officer and cadet instructor at the United States Military Academy at West Point, New York. He lives in Florida with his wife and three sons.

If you have a general concept of how the body works, then this book should be an ok read for you.

There are some more complicated sections where the author goes into great detail about the various bodily functions and it can get confusing. He does try to give you a glossary type reference on these pages though which is both helpful and clever. For this complicated subject matter, I think he does a pretty good job at making it understandable for the average person. There is some repetition throughout the book where I felt like he was making the same point over and over again. Overall, I think reading it added value to my overall understanding of these four epidemics. Be prepared though to read it in small portions in order to best digest the information.

Was hoping it would have some recipes- it doesn't. But it DOES have great lists on what the child CAN eat, (very short list) and what the child CANNOT eat. Very, Very, Very long list, of everything she's BEEN eating- ckn nuggets, mac and cheese, yogurt... Wish i'd known about this before she LOVED those exact foods, or rather before I let her get hooked on these toxins!! Very important read.

I have read a lot on the subject of ADD & ADHD and this has been the best.

Great info on children's nutrition!

Met all expectations! Thank you!

Great book, excellent condition!

The 4-A epidemic makes sense to a parent who has a child/teen with any combination of these epidemic factors. The food industry has gone awry, and our kids have paid for it. Children/teens who have a diagnosis of autism, ADHD, asthma and/or allergies all share one thing in common - food and water. This book explains how the gut is a holding tank for many of the symptoms that these kids experience. It has a good reference section for more research if one is so inclined. It is good information to add to the library of a parent or caregiver who manages a 4-A kid.

great book.

[Download to continue reading...](#)

Answers for the 4-A Epidemic: Healing for Kids with Autism, ADHD, Asthma, and Allergies Healing the New Childhood Epidemics: Autism, ADHD, Asthma, and Allergies: The Groundbreaking

Program for the 4-A Disorders ADHD: A Mental Disorder or A Mental Advantage (2nd Edition) (ADHD Children, ADHD Adults, ADHD Parenting, ADD, Hyperactivity, Cognitive Behavioral Therapy, Mental Disorders) The ADHD and Autism Nutritional Supplement Handbook: The Cutting-Edge Biomedical Approach to Treating the Underlying Deficiencies and Symptoms of ADHD and Autism Allergies: Fight Them with the Blood Type Diet: The Individualized Plan for Treating Environmental and Food Allergies, Chronic Sinus Infections, Asthma and Related Conditions ABC of Asthma, Allergies and Lupus: Eradicate Asthma - Now! The Whole Family Guide to Natural Asthma Relief: comph Drug Free solns for Treatment Prevention Asthma Allergies The Insider's Guide to ADHD: Adults with ADHD Reveal the Secret to Parenting Kids with ADHD ADHD Diet For Children: Recipes and Diet to Help Your Child Focus, Perform Better at School, and Overcome ADHD For Life (ADHD Diet) ADHD Guide Attention Deficit Disorder: Coping with Mental Disorder such as ADHD in Children and Adults, Promoting Adhd Parenting: Helping with Hyperactivity and Cognitive Behavioral Therapy (CBT) Eating for Autism: The 10-Step Nutrition Plan to Help Treat Your Child's Autism, Asperger's, or ADHD Healing: Reclaim Your Health: Self Healing Techniques: Fasting, Meditation, Prayer, Healing Medicine, and Energy Work (Channeling, Shamanism, Chakra Healing, ... Qigong Healing, Ayahuasca Book 1) Crystals and Gemstones: Healing The Body Naturally (Chakra Healing, Crystal Healing, Self Healing, Reiki Healing) Freedom from Asthma: The Revolutionary 5-Day Treatment for Healing Asthma with the Breath Connection (R) Program The Autism & ADHD Diet: A Step-by-Step Guide to Hope and Healing by Living Gluten Free and Casein Free (GFCF) and Other Interventions Healing without Hurting: Treating ADHD, Apraxia and Autism Spectrum Disorders Naturally and Effectively without Harmful Medications Books For Kids: Natalia and the Pink Ballet Shoes (KIDS FANTASY BOOKS #3) (Kids Books, Children's Books, Kids Stories, Kids Fantasy Books, Kids Mystery ... Series Books For Kids Ages 4-6 6-8, 9-12) Allergies: Fight them with the Blood Type Diet: The Individualized Plan for Treating Environmental and Food Allergies, Chronic Sinus Infections, ... Eat Right 4 Your Type Health Library) Food Allergies: The Complete Guide to Understanding and Relieving Your Food Allergies Hidden Food Allergies: The Essential Guide to Uncovering Hidden Food Allergies-and Achieving Permanent Relief

[Contact Us](#)

[DMCA](#)

[Privacy](#)

FAQ & Help